



TARRY Support Group

Lesson One

Daniel Rodriguez, DBC
January 2019



Lesson One

Need to trust in the Lord

Memory Verses 1

Proverbs 3:5-6: *Trust in the Lord with all thine heart; and lean not unto thine own understanding, in all your ways acknowledge him, and he shall direct thy paths.*

Proverbs 28:13: *He that covereth his sins shall not prosper; but whoso confesseth and forsaketh them shall have mercy.*

1 John 1:9: *If we confess our sins, he is faithful and just to forgive us our sins and cleanse us from all unrighteousness.*

Focus 1

Realize what you've tried is not working. The letter "T" in the word "TARRY" stands for **TRUST**. What are you trusting in?

Understanding 1.1: What does it mean to TRUST in the Lord?

Proverbs 3:5-6: *Trust in the Lord with all your heart and lean out on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.*

For the unsaved, Proverbs 3:5-6 means a person must admit that they are a sinner, that Jesus is the Son of God, that Jesus died on the cross for sinners, specifically, for their sins, and that Jesus resurrected on the third day. If a person **TRUSTS** these facts to be true, then the Bible calls the person to respond. Romans 10:9 states, "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved." It's a matter of trusting the Lord Jesus Christ as your Savior with the heart not just believing or knowing him with the mind. Even the demons believe there is a God, yet they are not saved (James 2:19).



ACTION POINT

1.1 Review the POSE attachment.

1.2 If you have never trusted Jesus as Savior then admit you are a sinner and **TRUST** (receive/believe) in the Lord Jesus Christ and do not rely on your own works. **TRUST** in His finished sacrificial work on the cross and His resurrection for your salvation. *“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.”* (John 3:16)

For the believer, Proverbs 3:5-6 means the following:

First, there must be a full commitment of ourselves---spirit, soul, and body---**to the Lord**. We must **TRUST** Him not only for the salvation of our souls but also for the direction of our lives. Believers need to recognize Jesus Christ not only as Savior but also as Lord.¹

Can you say that the direction of your life is directed by your absolute commitment to Jesus? Yes____ No____

Believers should be committed to following Jesus wherever he leads. Jesus' full name and title is the Lord Jesus Christ, hence, believers should turn over to His control every aspect of their lives.

Additionally, believers should not trust themselves to know what is best for themselves. Believers should distrust self and instead seek the Lord Jesus Christ for guidance. Jeremiah expressed it pointedly: *‘O Lord, I know the way of man is not in himself; it is not in man who walks to direct his own steps.’*(Jeremiah 10:23).²

¹ William Macdonald, Bible Believer's Commentary, Old Testament, Proverbs 3: 5,6

² Ibid., Proverbs 3:5,6



If these conditions are met, the promise is that God **shall direct** our **paths**. He may do it through the marvelous converging of circumstances, through the inward peace of the Spirit, or through a combination of these. But if we wait, He will make the guidance so clear that to refuse would be positive disobedience.³

In what situations do you find yourself right now? _____

Did God direct your path there or did you rely on your own choices? _____

We need to remember that these verses are directed to the man and woman who diligently studies the Word of God, to the young man or woman who listens to God's law. It is as Paul wrote to Timothy, "*Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.*" (2 Timothy 2:15)⁴

Do you have a daily devotional time with the Lord in which you pray and read, study, memorize, and meditate on the scriptures? Describe your daily devotional time with God? _____

³ Ibid., Proverbs 3:5,6

⁴ J. Vernon McGee, Thru the Bible Commentary, 2 Timothy 2:15



By faith, we must repose entire confidence in the wisdom, power, and goodness of God. We must therefore trust in the Lord with all our hearts, believing that he is able to do what he will, wise to do what is best, and good, according to his promise, to do what is best for those that love him and serve him. We must, with entire submission and satisfaction, depend upon him to perform all things for us, and not lean to our own understanding; as if we could, by our own forecast, without God, bring our affairs to a good issue. Those who know themselves, find their own understanding a broken reed, which, if they lean upon, will certainly fail. In all our conduct, we must follow providence, and not force it. We must place our whole dependence on God's mercy and grace, his teaching and assistance, his word and providence, for everything relative to this world or the next. By prayer; in all thy ways acknowledge God. Ask his leave, and do not design anything but what is lawful. Ask his advice, and beg direction from him, not only when the case is difficult, but in every case, be it ever so plain. Ask success of him, as those who know the race is not to the swift. We must refer ourselves to him as one from whom all judgment proceeds, and patiently wait his award.⁵

Why not pray **Psalm 4:1**, as you seek His guidance?

Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious to me and hear my prayer!

ACTION POINT

1.3 Write-out your testimony (how you got saved and your life since).

⁵ Matthew Henry & Thomas Scott, Commentary on the Whole Bible, Proverbs 3:5,6



Understanding 1.2: The cycle of sin-confess-repent-sin-confess-repent.

1 John 1:9: *If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*

John 8:34: *Jesus answered them, Verily, verily, I say unto you, Whosoever, committeth sin is the servant of sin.*

Hebrews 3:13: *But exhort one another daily, while it is called Today; lest any of you be hardened through the deceitfulness of sin.*

Romans 6:16: *Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves to whom you obey, whether of sin leading to death, or of obedience leading to righteousness?*

In Acts we read, “Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved” (Acts 4:12). Jesus is the only way whereby we can be saved. All our sins are forgiven when we by faith accept Jesus as our Savior. We are told in the latter part of 1 John 1:7, “...and the blood of Jesus Christ his Son cleanseth us from all sin.” How many of us sin? We all do, and that includes me. What remedy do we have as believers? In the first epistle to John we read, “If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness” (1 John 1:9). However, what are we to do when we are involved with a sin that we cannot seem to get away from. You commit the sin, feel guilty/ashamed, you confess and repent (e.g. put a filter on your computer, throw out all the alcohol in the house), you receive forgiveness, and then you commit that same sin again, you feel guilty/ashamed, you confess and repent, your receive forgiveness, and you commit it again. The cycle continues again and again. Can such a cycle exist in the life of a believer? Yes, I’ve seen and lived it. It’s not that the person is insincere when they confess and repent. They pray for release yet there is no escape in sight. The person is in a ditch and they can’t seem to get out. They feel powerless when it comes to a particular sin. But how can that be for the believer?



ACTION POINT

1.4 Make a list of everything you have done to get better.

1.5 Quantify how many things you have done more than once.

We are told in 1 Peter 2:24, *“Who his own self bore our sins in his own body on the tree that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.”* This verse tells us that we are no longer under the bondage of sin, sin has no hold on us, yet the believer continues with the pornography, drinking, gambling, physical affairs, emotional affairs, masturbation, drugs and taking second...third lustful looks. Why is it that sin seems to have such a control over a believer? Why is it that a believer’s life can be out of control?

Although you don’t find the word addiction in the Bible the scriptures clearly speak to that issue, *“Jesus answered them, Verily, verily, I say unto you, whosoever committeth sin is the servant of sin”* (John 8:34). In Hebrews we read, *“But exhort one another daily, while it is called Today; lest any of you be hardened through the deceitfulness of sin”* (Hebrews 3:13).

Simply put, these verses teach that addiction is nothing more than enslavement to sin. If we continue to choose to sin we eventually become a servant to it; *“Do you not know that to whom you present yourselves slaves to obey, you are that one’s slaves to whom you obey, whether of sin leading to death, or of obedience leading to righteousness?”* (Romans 6:16).

Sin **HARDENS** and **DECEIVES**. What’s the solution? Well, it’s not a program but rather a **PERSON!**

The purpose of TARRY is to teach that the biblical solution to sin and habitual sin is a **PERSON!**



Understanding 1.3: Forsaking, what is it?

Proverbs 28:13: *He that covereth his sins shall not prosper; but whoso confesseth and forsaketh them shall have mercy.*

Many believe that forsaking requires a person to join a 12-step program or support group. Although, there is nothing wrong with attending such programs or groups they are not the solution. They are guard rails without an exit. They can only provide for both the unbeliever and believer abstinence for periods of time. Yes, they actually do work. However, is that the goal...abstinence? If you're not saved, then the best I can offer is abstinence for periods of time. Many believers are deceived in thinking that this is the best they can ever hope for as well. However, the Bible does not teach abstinence but rather freedom from bondage! To have freedom from bondage a believer must understand their identity in Christ!

The solution to habitual sinning is a PERSON and that PERSON is the LORD JESUS CHRIST.

Encouragement 1: If you've never trusted the Lord Jesus Christ as your Savior then you need to do that first (please review the POSE). Today you can have your sins forgiven and spend eternity with God. It is only through this relationship that you will be able to truly forsake and have freedom from bondage.

For the believer, the Bible teaches that we have a wonderful hope, "*For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope;*" (Romans 15:4) and "*Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.*" (Romans 15:13).

This hope that is being spoken about is not something to wish for, as the world uses this word, but it is a hope we currently and actively possess since God always fulfills His promises.



Prayer 1: Lord, thank you for the hope that we have in you. Help us to study the scriptures so that we might find comfort and understand the hope that we have as believers. Fill us with joy and peace as you can only do. In Jesus name we pray, Amen.